

BERNINA⁺

Reversible Bibs

Created by Belinda Gibson



Supplies

- Embroidery Online Stock pack/March2008/ Baby 12—Design Pack #12195
- OESD PolyMesh Cut-Away Stabilizer
- 101 Quilting Basting Spray/OESD or 505 Temporary Spray Adhesive
- Isacord threads for embroidery designs and construction
- Titanium Sharp Needles
- OESD white bobbin thread
- 8 Fat Quarters of different prints
- ¾ yard Flannel (will make 3 bibs)
- Heat-n-Bond Iron-on Vinyl by Therm O Web
- Medium embroidery hoop
- Curved embroidery scissors or thread snips
- BERNINA[®] Binder Attachment #84 (size 26-30mm)
- BERNINA[®] Binder Foot #94



Machines

- **artista** with embroidery module or
- Deco embroidery machine and BERNINA[®] sewing machine

Fabric and Designs

The bibs shown are embellished with the following embroidery designs and fabric collections:

Bib #1 (left) – Frog design # CM159_48 on Benartex Fabric collection *Baby Geniuses* by Linda Carlson and Diana Henage; Binding - *Polka Dots*: Light Turquoise # 2306-84; Pocket - *Wavy Lines*: Blue 2304-55; Front & Back - *Shimmering Stripe Lime* #2301-44.

Bib #2 (middle) – Strawberry design # CM157_48 on Benartex Fabric collection *Love Is* by Nancy Halvorsen: Binding - *Love Plaid Moss* #3730-40; Pocket - *Moss* #3733-40. Front & Back - In *The Manor* by Kaye England: Dobby Texture Rich Red # 3156-22.

Bib #3 (right) – First Birthday design #CM164_48 on Benartex Fabric collection *Baby Geniuses* by Linda Carlson and Diana Henage: Binding - *Polka Dots* Red #2306-15; Front - *Wavy Lines* Blue #2304-55; Pocket & Back - *Smiley Face Check* Red #2303-15

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Fabric Cutting

For each bib cut::

- Flannel - 1 piece 10" x 10"
- Bib Fabric - 2 pieces 10" x 10"
- Pocket - 1 piece 10" x 6"
- Heat-n-Bond Iron-On Vinyl – 1 piece 10" x 10"
- Binding – Cut fabric into bias strips ~1" wide (for the 26/30mm binder)

Embroidery

1. Mark the center of the bib front.
2. Steam press 2 layers of PolyMesh Cut-away to pre-shrink. Adhere to the back of the bib front piece.
3. Hoop the bib using the hoop template to keep the bib in the center.
4. Select the desired embroidery design; add lettering if desired.
5. Stitch the design.
6. Trim away excess stabilizer and threads.
7. Turn upside down on a thick terry towel to press, if needed.

Fabric Preparation

1. Apply Heat-n-Bond Iron-On Vinyl according to the directions to the bib back fabric.
2. Lay the bib back fabric *wrong* side facing up, spray with temporary adhesive.
3. Lay the flannel on top, smoothing any wrinkles with your hand, then spray with the adhesive.
4. Lay the bib front *wrong* side down on the flannel, smoothing any wrinkles.

Shaping the Bib

1. Trace a 4" circle onto pattern tracing material for your template to cut all four corners of bib.
2. Fold circle in half and cut for the neck opening in the center of the upper edge of the bib.
3. Press the 10" x 6" pocket piece in half to equal 10" x 3".
4. Use the template to cut the corners of the pocket on the lower raw edge.

Bias Binding

1. Cut fabric into bias strips 1" wide and sew strips together for a total length approximately 68" long. *Hint: Cut the fat quarter diagonally from one corner to the opposite corner for the longest strips; it took about 3 strips.*
2. Press the seams open.
3. Bind the bib pocket on the folded side (*this will be the top of the pocket*).
4. Place pocket on bib. Carefully pin or use the binding clips to hold the pocket in place.
5. Bind the outside edge of the bib with the binder.
6. Find the centers of the remaining bias strip and the bib neckline. Walk the bias strip around to the top of the neck opening and mark the bias strip at the beginning of the neck opening. There should be a long piece at each end for the tie ends.
7. Start stitching the bias strip first, continue around the neck opening, and then finish the remaining tie end.
8. Tie knots on each end of the ties.

