

## Punchy Stitches

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In this stitch recipe, we're going to play with the Needle Punch Accessory set to create a fun fabric backdrop to stitch your favorite stitches on! It's kind of like creating wool batik fabrics!

### Supplies - - -

#### For Needle Punching - - -

- ❖ BERNINA<sup>®</sup> (CB) Oscillating hook machine \* \* \*
- ❖ Wool scraps - at least 8" square
- ❖ Loose fibers for needle punching
- ❖ Needle Punch Accessory set

#### For Decorative stitching - - -

- ❖ Presser Feet options (*choose the foot that works best for the stitch and application selected*) - - -
  - ◇ Open Embroidery Foot #20/20C
  - ◇ Clear Embroidery Foot #39/39C
  - ◇ Clear Foot #34/34C
  - ◇ Right-hand Seam Guide
- ❖ Audition your favorite threads and stitches
- ❖ If the wool is heavy enough, you do not need any additional stabilizer
- ❖ If selecting decorative satin stitch motifs, use OESD Lightweight Tear-away stabilizer

\* \* \* Which BERNINA<sup>®</sup> models work with the Needle Punch Accessory Set? Does your machine have an oscillating (CB) hook system? Do your hook parts look like those pictured?

Must be a classic machine model - - -

**activa** 125 / 130 / 135PE / 140 / 145 / 220 / 230PE / 240

**virtuosa** 150 / 153QE / 155 / 160 / 163

**aurora** 430 / 440QE

**artista** 165 / 170 / 630



### Preparation - - -

- ❖ Attach the Needle Punch Accessory set to your machine following the information found on the Instructional CD that comes in the box.
- ❖ Prepare your wool piece(s) with the loose fibers to be punched; I cut my fibers the width of the wool pieces.

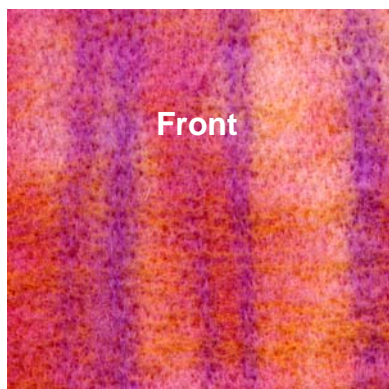


Don't forget to refer to the Stitch Conversion Chart to find the same stitch with the correct stitch number for your machine model - - - BERNINA website > Sewing Studio > Basic Training > Stitch Conversion Chart

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### Needle Punching - - -

- ❖ You can choose to lay the fibers on the wool as you would like (I chose a plaid top pattern with different colored fibers lying perpendicular to each other.)
- ❖ Punch the fibers in place - first, from the top; second, from the back; third, from the top again.



Front



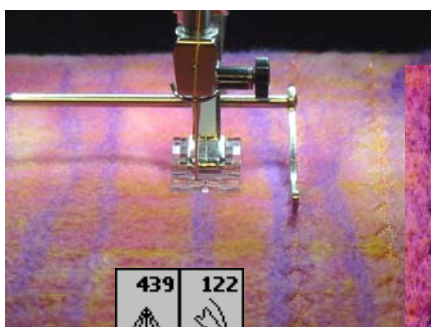
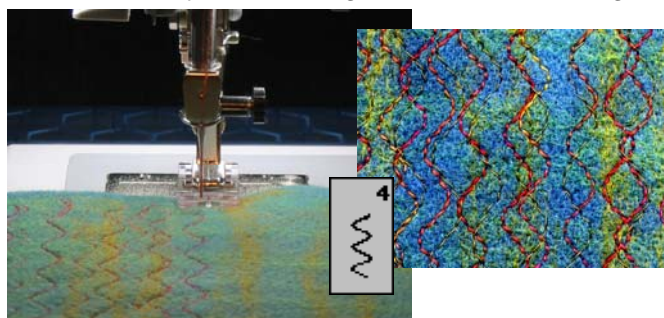
Back




You decide if you like the “subtle look” of the back of the fabric or the “more pronounced look” of the front side of the Needle Punched fabric. This will be the side you do the decorative stitching on.

### “Punchy” stitches - - -

- ❖ Now its time to **PLAY** with your stitches!
- ❖ The teal sample uses just the Running stitch with the Stitch Length varied between 2.5-3.0mm. Sew multiple passes with different colored threads. This stitch gives a random look to your stitching without even having to think about it! Use the Needle Stop Down function to simply stop, pivot and sew back and forth across the fabric.
- ❖ The hot pink sample makes use of a couple of decorative stitches; Right-hand seam guide; and Combi Mode.



- ❖ Stitch 439 and Stitch 122 were used.
- ❖ Stitch 439 was sewn first using the seam guide.
- ❖ Stitch 122 was combined in Combi Mode (memory); one stitch at default setting, the second stitch mirror imaged Right-Left.  Sew.
- ❖ You have now created a couple of great pieces of fabric that can be incorporated into fun projects!

Stay tuned to [www.bernausa.com](http://www.bernausa.com) - - - next week we'll post a project sheet with ideas for using your “Punchy stitched” fabrics!