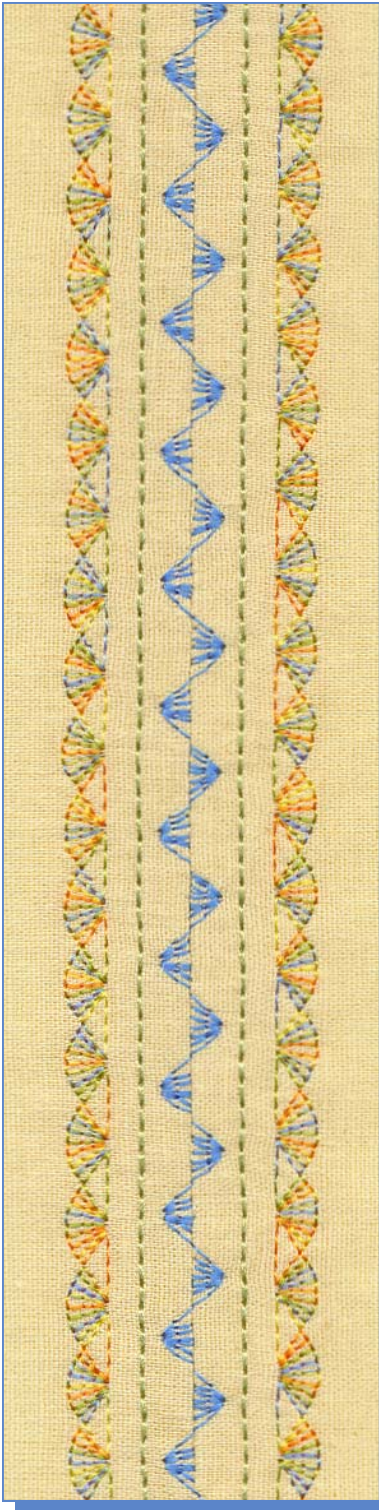


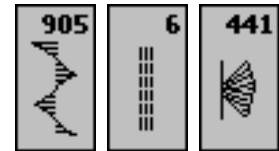
# sew it seams 1



Most of the projects we create have seams in them. So, what have you done with those seams lately? Consider that the seams in your creations could be the “canvas” to play on with stitches! Here is the first in a series of stitch recipes focused on decorating and giving a unique personality to those “Plain Jane” seams!

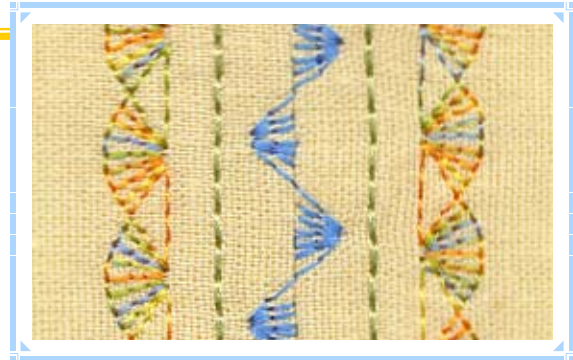
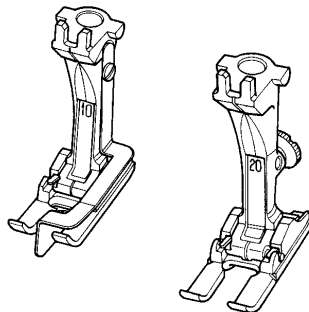
## supplies

- ❖ Project seams—you decide which ones!
- ❖ Superior decorative threads —Rainbows and Highlights (coordinating solid colors) were used in the sample
- ❖ Topstitch needle—size 90/14 (recommended to use with Rainbows thread)
- ❖ Edgestitch Foot #10/10C
- ❖ Open Embroidery Foot #20/20C
- ❖ The following stitches were used - - -



## sew the Recipe

- ❖ Sew the seams, keeping in mind that your seam allowances will be the “stabilizer” for your decorative stitching.
- TIP:** Make deeper seam allowances as necessary to support the width of your decorative stitching
- ❖ Attach Edgestitch Foot #10/10C.
  - ❖ Select a stitch a symmetrical stitch with a central axis—it will be “stitched-in-the-ditch”. Stitch #905 was used in the sample.
  - ❖ Attach Open Embroidery Foot #20/20C.
  - ❖ Frame the first stitch with additional stitches, changing thread colors as desired.
  - ❖ Remember that this type of recipe is sewn from the center out to the edges. Use the presser feet edges and/or markings for easy stitch spacing.



To find a corresponding or similar stitch on your machine, refer to the Stitch Conversion Chart—[BERNINA USA website > Sewing Studio > Basic Training > Stitch Conversion Chart](http://www.berninausa.com)