



# RUFFLES

BY KAY LYNCH

## SUPPLIES:

- BERNINA® *artista* embroidery system or Deco embroidery machine
- BERNINA® serger
- One-piece baby's underwear (onesie)
- Designs from Collection 767 "Special Delivery" by OESD, Inc.
- OESD Poly Mesh stabilizer
- 505 temporary adhesive spray
- Isacord embroidery thread
- OESD bobbin thread
- Organ Ballpoint needle
- Seam sealant
- Ballpoint needle for serger
- 2 cones regular serger thread
- 1 cone variegated Woolly Nylon texturized thread

## PREPARATION



1. Place the template provided in the card packaging in the desired position on the garment.

Mark horizontal and vertical center lines with chalk or a water-soluble marking pen.



2. Remove template and extend the lines.

3. Turn garment wrong side out and place on a table with the wrong side of the front facing up.

4. Spray two layers of OESD Poly Mesh stabilizer with 505 Temporary Adhesive Spray; smooth together so that layers adhere without wrinkles.

5. Spray top layer with 505. Place the sprayed side of the stabilizer on the wrong side of the garment front, over the design area.

6. Turn garment over so that the stabilizer is underneath the garment.

7. Place embroidery hoop template in the embroidery hoop.



8. Slide the top hoop – with template – inside the garment, aligning the horizontal and vertical marks with those on the hoop. Keep the garment

and the stabilizer flat and smooth.

9. Loosen the screw on the bottom hoop and slide it under the top hoop.

10. Press hoops together, then tighten the screw.

## EMBROIDERY

1. Attach the hoop to the machine.

2. Pull onesie up from bottom edge to reveal the design area.



3. Pin as much of the fabric out of the way as possible.

4. Select the design. Use your machine's Layout features to align the needle with the marked center on the garment.



5. Using a Ballpoint needle, embroider the design. Use an awl or stiletto to hold excess fabric out of the way of the stitching.

6. Remove the garment from the hoop.

7. Trim excess stabilizer from the back of the garment.

## LETTUCE EDGING

1. Turn the garment right side out and lay the garment back side up.



2. Mark a horizontal line across the back just above the leg binding. Mark two horizontal lines above and below the first line, spaced 1" apart.

3. Set up the serger for a three-thread rolled hem with a stitch length of 1mm and a differential feed of 0.7. Insert a ballpoint needle into the right needle position.
4. Thread the serger with regular serger thread in the needle and lower looper, Woolly Nylon in the upper looper, adjusting tensions as needed to accommodate the decorative thread (generally, loosen the upper looper and tighten the lower looper tensions).
5. Fold the onesie along the top horizontal line with the back neck edge of the garment facing up and to the left.
6. Place the fold about half way between the needle and the knife blade.



7. Serge along the edge of the fold while holding the fabric edges taut in front of and behind the presser foot.

*TIP: Practice on a folded scrap of knit to achieve the correct amount of tension to apply. Don't hold the fabric so tightly that it cannot move under the foot.*

8. Stop serging at the end of the marked horizontal line; remove the threads from the stitch finger. Continue serging to form a long tail.
9. Repeat the above steps for each of the remaining four horizontal lines.
10. After stitching, steam – don't press – the rolled edges to make them ruffle even more.
11. Use a large-eyed needle to bring the thread tails to the wrong side of the garment.
12. Tie tails in knots close to the garment, or apply seam sealant and let dry. Trim excess thread.

## SLEEVES

1. Place the edge of one sleeve, right side up, halfway between the needle and the knives. (There is no need to remove the original hemming stitches from the outfit first.)
2. "Lettuce" the edges of the sleeves in the same manner as for ruffles.

