








Embroidery is not just for clothing and quilts - it's great for Home Decorating items as well. Create a beautiful Fall Table Runner with the embroidery motif you created in QSS Lesson 7.

Supplies ---

-  ¼ yard of five different tone-on-tone fabrics
-  ½ yard fabric for table runner back
-  ¼ yard contrasting fabric for piping
-  3¼ yards of ¼" cord to be used to make the piping
-  Shirt Fuse interfacing
-  Patchwork Foot #37 or Patchwork Foot with Guide #57
-  Bulky Overlock Foot #12/12C



Let's get started --- Creating the Table Runner with Embroidery

Step 1: Cut fabric in 3" strips.

Sew the strips together and press the seam allowances in the same direction.

Step 2: When all strips are sewn together, sew the beginning and end strips together to form a tube.

Step 3: Cut the tube up into 3" strips. (You'll have 3" wide circular strip sections.)

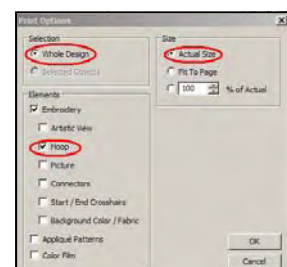


Step 4: Using a seam ripper, randomly open up one seam in each of the circular strip sections.

Step 5: Sew seven rows of strips together matching seams to form a new piece of fabric.

Step 6: Open your software and the design we created in Lesson 7 of the Quarterly Software Society.


- * Select the Large Hoop with X-Y lines
- * Select File > Print Preview > Options. Be sure to select *Whole Design*, *Hoop* and *Actual Size* options.
- * Print the design.





Step 7: Place the print-out of the design on the table runner. *Remember, the X-Y lines in the hoop are the center of the design.* Mark your fabric accordingly. (On the pictured table runner, the center is 3 ½ squares from the end and each side.)

Step 8: Hoop the fabric using your printed template.

Step 9: Send the embroidery design to your machine of choice. Touch the appropriate function to activate Motif Center. The embroidery arm will move until the needle is directly over the center of the design.  If the needle does not line up over the center mark on your fabric, move the design until the center mark and needle line up.

Step 10: Embroider the design on each end of the table runner.

Finishing the Table Runner with Piping

Step 11: Cut the backing fabric the same size as the finished front.

Step 12: Make piping out of the contrasting fabric. Cut bias strips the width of the cord circumference + 1¼”.

Step 13: Attach bulky Overlock Foot #12/12C to the machine.

Step 14: Create the piping—wrap the fabric strip around the cord snugly and place in the large groove under the foot. Move the needle position at least 3 steps to the right of center needle position. At this position, you’ll be creating a scant 5/8” seam allowance.









Faith’s tip: *Use your Free Hand System to easily maneuver the presser foot into the up position while placing the wrapped cording under the foot.*

Step 15: Pin the piping in place around the table runner.

Step 16: Move the needle position at least 1 step back towards center needle position and sew the piping into place. Remember, by adjusting the needle position, you’ll never see your previous row of stitching!



OPTIONAL finishing—If you would like to have all of the raw edges encased, follow these steps.

-  Complete Steps 1-14.
-  Pin the piping in place around the table runner front, basting into place.
-  Remove the pins.
-  Layer the backing over the table runner front and piped edges, right sides together; pin into position.
-  Prepare to stitch again by moving the needle position 1 more step towards center needle position.
-  Sew around the table runner, leaving an opening to turn.
-  Turn the table runner right side out and press.
-  “Stitch-in-the-ditch” to close the opening.