

Mix and match the designs of your choice to embellish this wearable art canvas.

This simple, no-pattern garment is easy to make, requires minimal sewing, and yet presents a multitude of design possibilities.

The ruana's basic form is a square or rectangle shaped piece of fabric with a keyhole opening cut to the middle. Finish the edges with binding or a rolled hem; you may also decide to serge, or fray the edges.

SUPPLIES

Embroidery Designs

- OESD Premier Embroidery Collection - *Asian Ambience 013*

Machine & Accessories

- BERNINA Sewing & Embroidery System
- Large Oval Hoop, Mega Hoop; Jumbo Hoop *optional*
- BERNINA Embroidery Software 6 is *optional*
- Binder Attachment, Bias Binder #85, Hemmer Foot #66, or a Serger to finish the raw edges of the Ruana.

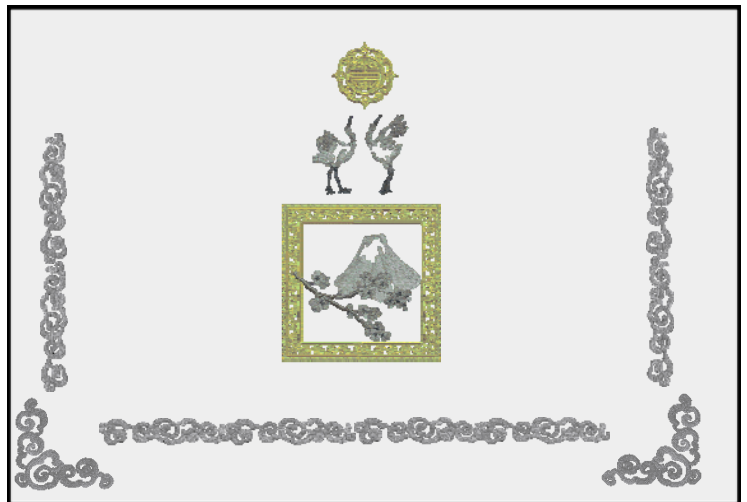
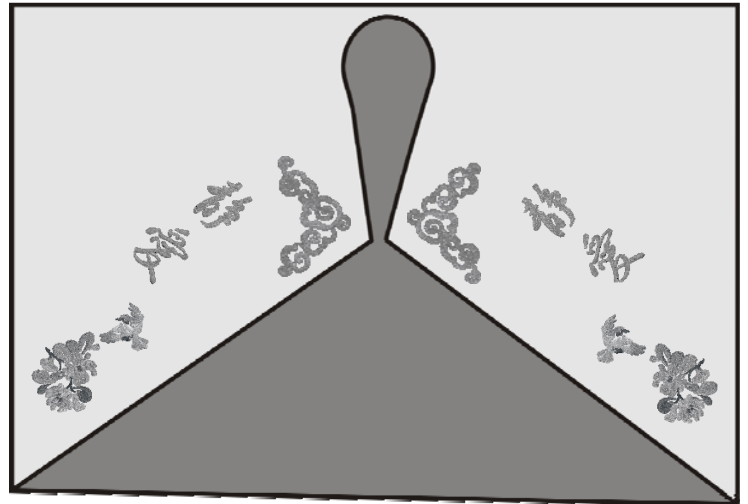
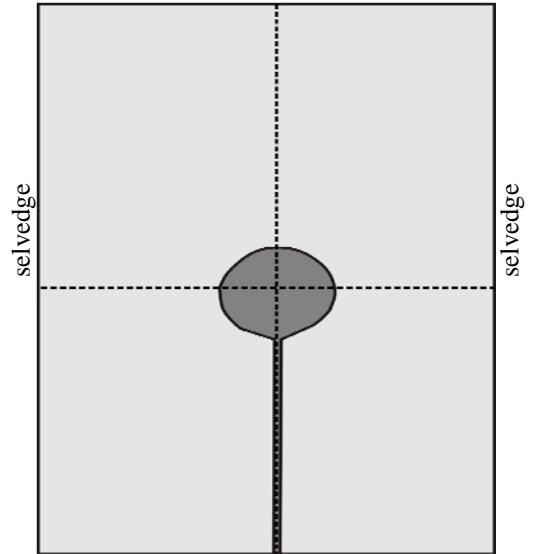
Fabric & Notions

- Approx. 2 yards of 54" Fabric.
Fabrics with some drape are recommended. Double sided fabrics are most desirable.
- Black Bias Binding, or serger thread to finish raw edges.
- Isacord Embroidery Thread
- Black Bobbin fill
- OESD AquaMesh Plus stabilizer for lighter weight fabrics
- OESD AquaFilm topping for textured fabric



Creating the Ruana

- Start by folding the 2 yard piece of fabric in half selvages to the outside, the piece will measure 36" by the width of the fabric.
- Determine the center point, and slice one side from the bottom to the center point.
- Cut a small circle, or "keyhole" opening in the center. Try on the ruana.
- There are many pattern variations for cutting a ruana, see below for the cutting pattern used in the sample.
- Once the shape has been established, finish the edges with binding or a rolled hem; you may also decide to serge, or fray the edges.
- In the sample, the edge was folded over before binding, leaving the selvedge as a decorative finish.



Preparing to Embroider

- Use the print feature of your BERNINA Embroidery Software 6 to print templates of the embroidery designs you would like to stitch out on the ruana.
- Pin the templates in place to test the layout, and try on try on the ruana.
- Hoop the garment using the template as a guide for design placement.

Designs used in the sample: #BC01317, #BC01330, #BC01313, #BC01304, #BC01314, #BC01315, #BC01322, #BC01310, #BC01324, #BC01308

Embroidery

- The lightweight nature of these designs are perfect for maintaining drape, and a pliable hand.
- If the fabric has nap, use OESD AquaFilm Topping for a professional stitchout.
- If the fabric is light, or medium weight stabilize with OESD AquaMesh Plus Stabilizer.

The designs at right were used on the back of the sample garment.

- Medallion #BC01322
- Cranes #BC01310
- Frame #BC01324
- Mountain Scene #BC01308



Thread used for Frame: Yenmet Metallic
"24 karat Gold" #7001 (S12)

Creating the Frame



The frame was created using BERNINA Embroidery Software 6. Delete everything except the frame portion of Design #BC01324 and use the Mirror-Merge Horizontal-Vertical Tool to create a beautiful frame.

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