

Embroidery Project

Victorian Lady Quilt

Created by Debra Rutledge

The Victorian Lady was full of grace, style, and elegance. These elements are depicted in this collage wall-hanging using OESD Victorian Frills Signature Collection #12364. As an added bonus, BERNINA CutWork Files are included in the collection.

Supplies

Machine & Accessories

- BERNINA Sewing & Embroidery Machine
- Large Oval embroidery hoop and template
- BERNINA Stitch Regulator
- Binder Attachment #88, size 38 mm
- Binder Foot #95/95C
- Reverse Pattern Foot #1/1C/1D
- Edgestitch Foot #10/10C/10D
- Freehand Quilting Foot #29/29C
- Patchwork Foot #37/37D
- BERNINA Embroidery Software 6 (optional)
- BERNINA CutWork Accessory (optional)
- QuiltMotion Designed for BERNINA (optional)
- BERNINA Quilting Frame (optional)

Embroidery Collection

- OESD Victorian Frills Collection #12364

Fabric & Notions

- 1 yard neutral or marble fabric print - embroidery
- 1 yard dark small fabric print - embroidery frames
- 3 yards neutral fabric print
- 1½ yards dark medium fabric print - border
- 1 yard fabric for border
- Approximately 6 fat quarters for appliqué
- Crib size or 28" x 41" rectangle of quilt batting
- OESD Ultra Clean & Tear Stabilizer
- 505 Temporary Spray Adhesive
- Isacord embroidery thread
- OESD Bobbin Thread
- Neutral thread for construction
- Coordinating YLI Variations thread for quilting
- Universal needle, size 80/12
- Organ Embroidery needle, size 80/12
- Graph paper or cutting mat with grid
- Best Press Starch Alternative
- Nifty Notions Cut for the Cure Ruler, 7" x 24"
- Nifty Notions Cut for the Cure Ruler, 11" x 11"
- Water-erasable fabric marker



Finished size: 24" x 37"

CutWork Accessory Option

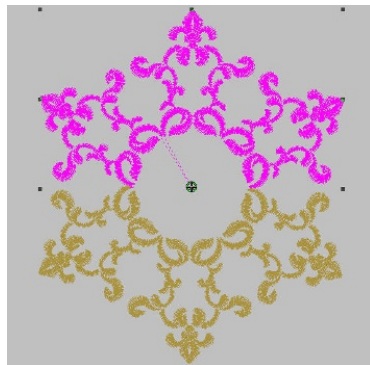
- BERNINA CutWork Accessory
- OESD Appliqué Fuse & Fix
- OESD HeavyWeight Tear-Away Stabilizer
- Echo Quilting and Cutwork Foot #44
- CutWork stitch plate

Prepare the Designs

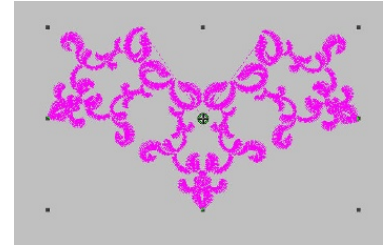
The only design changed from the original format is the lace motif used in the tea set grouping, in which BERNINA Embroidery Software 6 was used to remove a portion of design #NC093 to make it resemble a tablecloth.



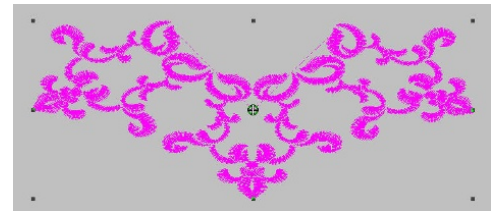
- Open design #NC093 in BERNINA Embroidery Software 6. Save As NC093Combo.ART.
- Click on the Hoop Layout tab. Select the hoop and right click twice on the Rotate Hoop Left/ Right icon to rotate the hoop 90°.
- Click on the Embroidery Canvas tab and select the Show All icon.
- Select the design using the Select Object tool or by clicking on it in Color Film. Ungroup the design by clicking on the Ungroup icon.
- Click on the Show Artistic View icon to turn it off and make it easier to see the selected objects.
- Place the cursor at the upper left above the design; hold down the left mouse button and drag a box around the top half of the design. Release the mouse button and the selected area will be selected and turn magenta.



- Press the Delete key on the keyboard to delete the selected area.
- Select the remaining portion of the design by dragging a box around it or by selecting Edit > Select All or by pressing Ctrl + A on the keyboard.



- Click on the Group icon to group the design.
- To make the middle area of the lace wider for the tea pot to set in, rest the cursor on one of the middle side handles and drag away from the design until the width is approximately 140%.



- Insert the tea pot by selecting File > Insert Design and then selecting design #NC086. Repeat to insert the tea cup, design #NC087. Position the designs as shown in the photo. Select and resize the lace design if needed.

Two other designs in the quilt collage are assembled from combined designs:

- Cat (#NC078) + Flowers (#NC084)
- Boot (#NC095) + Frame (#NC094)

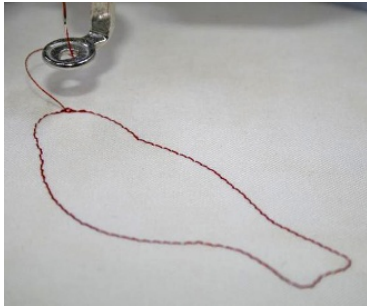
These designs may be combined in the software or at the embroidery machine using the on-screen editing functions.

Embroidery Instructions

- Cut two pieces of OESD Ultra Clean & Tear stabilizer; lightly spray one with 505 adhesive and adhere it to the second piece. Cut a piece of embroidery fabric to fit the large oval hoop; spray the layered stabilizer with 505 and smooth the fabric into place on top, right side up. Hoop the layered fabric/stabilizer.
- Attach the hoop to the embroidery machine. Load the selected design. Stitch the design(s) following the prompts on the screen. See the sidebar on the following page for CutWork and appliqué instructions.

Appliqué Embroidery

- Stitch the appliqué placement line (the first color).
- Cut a piece of fabric large enough to completely cover the outlined shape. Lightly spray the back of the appliqué piece with 505 adhesive. Place the shape sticky side down over the outlined shape.
- Stitch the tack-down lines.
- Remove the hoop from the machine but do not remove the fabric from the hoop. Using sharp scissors, trim close to the tackdown stitches without cutting into the stitching.
- Place the hoop back on the embroidery machine. Continue stitching the design(s) until complete, repeating the appliqué steps as needed.
- Remove the hoop from the embroidery machine. Remove the fabric from the hoop. Gently tear away the stabilizer from the back of the design.
- Repeat until all of the designed have been embroidered.



CutWork Accessory Option

Cut the Appliqué Shapes

- Fuse the OESD Appliqué Fuse & Fix to the wrong side of the chosen appliqué fabric following the package instructions.
- Place a piece of OESD HeavyWeight Tear-Away stabilizer under the fabric and hoop both layers together.
- Attach the hoop to the embroidery machine. Load the selected CutWork appliqué file (denoted by CWA in the file name).
- Follow the prompts on the screen. *Note: There are two lines of stitching using embroidery thread before the CutWork tool is used. These are helpful in keeping the fabric secure when the cutwork begins.*
- Replace the needle with the CutWork tool when prompted, and follow the prompts on the screen to change the cutting blade position.
- Remove the cut piece from the hooped fabric and set aside.
- Repeat for the remaining appliqué pieces.

Appliqué the Fabric Pieces

- After stitching the placement lines, gently peel the paper from the back of the cut appliqué piece(s) to expose the adhesive. Smooth it into position inside the placement lines.
- Continue stitching the remaining part of the embroidery design(s).



Construct the Quilt Top

Seam allowances are $\frac{1}{4}$ " unless otherwise noted.

- Using the rotary cutting equipment and "Cut for the Cure" rulers, trim away the excess fabric from each embroidered block.

Note: Determine the desired amount of fabric between the embroidery and the seam lines, then add $\frac{1}{4}$ " for the seam allowances on each cut edge. The measurements from the embroidery to the seam lines in the sample project varied from $\frac{1}{4}$ " to $\frac{1}{2}$ ".

Tip: To better visualize the desired size of each block, place the square ruler on top of the embroidered design.

Frame the Embroidered Blocks

- Cut $1\frac{1}{2}$ "-wide strips of the "frame" fabric to frame the embroidered blocks.
- Attach Patchwork Foot #37/37D to the machine.
- Select the first block. With right sides together, stitch a framing strip to the right-hand edge of the embroidered block. Using a rotary cutter and ruler, trim away the excess fabric from the ends.
- Repeat for the left-hand side of the block.
- Press the seam allowances toward the dark fabric.
- Repeat for the upper and lower edges of the block and press the seam allowances toward the dark fabric.
- Set the framed block aside.
- Repeat for each block until all embroidered blocks are framed.

Set the Framed Blocks

- Using the gridded cutting mat or graph paper, layout the framed blocks to determine the placement of the embroidered blocks.
- Cut blocks from the background print fabric as needed to piece the embroidered blocks together. Remember to allow $\frac{1}{4}$ " on each edge of the blocks for seaming.



Note: A minimum of 1" separated the framed blocks in the sample project.

- Piece the blocks together. Press the seam allowances toward the dark fabric.
- When all of the framed blocks are pieced together, border the entire quilt top with $1\frac{1}{2}$ "-wide strips of the neutral print. Trim away the excess length. (The $1\frac{1}{2}$ " width includes $\frac{1}{4}$ " seam allowances on each side.)



- Press the seam allowances toward the dark fabric.

If desired, embroider additional designs in the open areas of the completed quilt top as shown in the project photo:

- Butterfly #NC080
- Tulips #NC085

Stitch these designs as described for the blocks, but following the hooping instructions below.



- Determine the desired location of each additional design, then use the ruler and water-soluble marker to measure and draw vertical and horizontal lines through the center of each one.
- Hoop two layers of Ultra Clean & Tear stabilizer. Lightly spray the hooped stabilizer with 505 adhesive.
- Place a marked area of the quilt top on the hooped stabilizer, aligning the center lines with the center lines marked on the stabilizer. Use the hoop template to ensure proper placement. Gently smooth the fabric in place over the sticky stabilizer.
- Attach the hoop to the embroidery machine and stitch the design(s).
- Remove the hoop from the machine and the quilt top from the hoop. Gently remove the excess exposed stabilizer from the back of the embroidery design(s).

Quilt the Completed Top

- Place the backing fabric wrong side up on a flat surface. Center the batting on top of the backing fabric. Center the pieced quilt top over the batting. Baste the layers together using 505 Temporary Adhesive Spray.
- Quilt the layers together as desired.

QuiltMotion Designed for BERNINA was used for quilting using the Stippling pattern from the Continuous Line folder included with the software. The Butterfly block pattern was also used above and below the embroidered butterfly in the center of the sample project. For more information about QuiltMotion Designed for BERNINA, visit your local BERNINA dealer or www.berninausa.com.

Other methods that may be used include the free-motion stippling using the BERNINA Stitch Regulator or Freehand Quilting Foot #29/29C, or stitch-in-the-ditch using the BERNINA Walking Foot #50 with the new Center Guide Sole attached.



Bind the Quilt

The new Binder Attachment #88, size 38mm, and Binder Foot #95/95C were used to bind the sample project. The instructions below are for using the new binder attachment to bind the quilt and create mitered corners, but any binding method desired may be used.

- Cut enough 1½"-wide binding strips to ensure enough length for binding all four sides of the quilt.

- With right sides together, place two strips perpendicular to each other; pin and draw a stitching line as shown.



- Attach Reverse Pattern Foot #1/1C/1D to the machine. Sew a straight stitch long the marked line. Trim seam allowances to ¼".



- Repeat until all strips have been joined. Press and starch the entire length of the bias strip.
- Drape-fit the bias strip to the quilt top to ensure there is approximately 12" of excess length. Also note a good place to start the binding to avoid having a seam at or near a corner. Mark the starting point with a pin.

- Attach Binder Foot #95/95C and Binder Attachment #88 to the sewing machine.



- Load the bias strip into the binder with the wrong side showing.

Tip: Swing the binder away from the needle for easier access and viewing. Use an awl or stiletto to help load the bias strip into the binder.



- Pull 3"-6" of bias strip through the binder attachment. This section will not be sewn to the quilt until the last step.

- Load the edge of the quilt into the folded area of the bias strip and under the presser foot.



- Move the needle position to the right as needed to stitch along the folded edge of the binding.
- Begin sewing slowly and make sure the bias strip remains flat as it enters the attachment.



- Continue sewing until the needle is ¼" from the edge of the quilt.
- Sew a securing stitch if that feature is available, OR change the stitch length to 0mm and sew four stitches in place.

- Gently remove the quilt from under the needle and cut the threads. *Do not cut the binding strip!*
- Swing the binder arm away from the needle and gently pull the bias strip through the binder.
- Allowing enough excess to create the miter, fold the bias that was pulled through the attachment and pin it into position on the quilt away from the corner (green pin in photo).



- On the front of the quilt, fold the miter and pin into position (white pin).
- On the back of the quilt, fold the miter and pin into position (purple pin).
- Place the mitered corner under the presser foot and line the needle up with the fold of the miter. Secure the miter with a securing stitch *OR* stitch in place for four stitches.
- Swing the attachment arm back in towards the needle while gently pulling the excess binding back through the attachment.
- Remove the pins.
- Reinsert the quilt into the folding area of the bias strip and continue to sew. (If the stitching-in-place method was used to secure the corner, reset the stitch length to the default or desired setting.)

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- Continue stitching the binding to the quilt, repeating the mitering process at the remaining corners, until approximately 6" from the starting point. Sew a securing stitch.
- Remove the quilt and any remaining binding from the machine.
- Fit the remaining binding to the quilt to determine where the two ends of the bias strip will meet. Pin the pieces in place and stitch together. Trim the excess fabric, leaving 1/4" seam allowances.
- Fold and pin the bias strip to the quilt. Pressing the fold makes this step much easier.
- Remove the binder attachment and foot and attach Edgestitch Foot #10/10C/10D to the machine. Place the unstitched area of the quilt under the foot, with the inner bias fold to the right of the guide. Move the needle position as needed to line up with the previous stitching. Sew the remaining binding to the quilt.