

Embroidery Project

T-shirt Embroidery Pink Ribbon Awareness

Created by Bunny Gates

Do you enjoy wearing t-shirts, but prefer a more polished look? Take a basic bargain store t-shirt and create a top with sophistication by adding embroidery! Knits can be a little tricky to embroider, but once you know the tips and tricks you can embroider knits with confidence!

Supplies

- BERNINA Embroidery System
- Large Oval Hoop
- 1 pink t-shirt
- OESD Signature Collection #12035—
“Pink Ribbon Awareness”: #NB818 and #NB819
- OESD Fusible PolyMesh Cut-Away Stabilizer
- OESD AquaMesh Plus Water-Soluble Stabilizer
- OESD AquaFilm Water-Soluble Topping
- Isacord Embroidery Thread
- OESD Bobbin Thread
- Organ Ballpoint Embroidery needles
- Water-soluble marker or pen
- The Perfect Placement Kit



Prepare the T-Shirt

- ♦ Pre-laundry your t-shirt before embroidery to eliminate shrinkage later.
- ♦ Following the manufacturer's instructions, iron a piece of Fusible PolyMesh Cut-Away Stabilizer to the wrong side of the t-shirt front, behind the area to be embroidered. *Tip: Always use a cut-away stabilizer on knits and other fabrics that might stretch.*
- ♦ Find the center front of the t-shirt by folding the garment, matching the sleeve seams and/or neck seams, and mark it with a straight pin.



Visit www.berninausa.com today!

- ♦ Using the Center Chest Template from The Perfect Placement Kit, match the center front of the template with the center of the t-shirt, and match the neckline of the shirt with the template.



- ◆ Slide one of the Target Stickers under the template and press it onto the t-shirt—this marks the center of the embroidery design.



Embroider the Shirt Front

- ◆ Hoop a piece of AquaMesh Plus Stabilizer, paper side up. Score the protective paper and remove it to expose the sticky adhesive stabilizer.
- ◆ Align the center of the Target Sticker with the center of the hoop and press the t-shirt into place.
- ◆ Cover the t-shirt with a piece of OESD AquaFilm Topping to keep the stitches from sinking down into the fabric.
- ◆ Embroider design #NB819 on the t-shirt front.



- ◆ When stitching is complete, remove the hoop from the embroidery machine and the shirt from the hoop.
- ◆ Carefully remove the AquaFilm from the front of the t-shirt—don't forget to support the stitches with one hand while you gently tear away the excess stabilizer from outside the design.



- ◆ With scissors, carefully trim away the excess AquaMesh Plus and Fusible PolyMesh from the outside of the design on the inside of the t-shirt.

Embroider the Shirt Back

- ◆ Print a template of design #NB818, or stitch a test swatch to use as a template. to determine the desired position of the design on the back shoulder. Use a Target Sticker to mark the design placement.
- ◆ Following the manufacturer's instructions, iron a piece of Fusible PolyMesh Cut-Away Stabilizer to the wrong side of the back shoulder, behind the area to be embroidered.
- ◆ Hoop a piece of OESD AquaMesh Plus Stabilizer, paper side up. Score the protective paper and remove it to expose the sticky adhesive stabilizer.
- ◆ Align the center of the Target Sticker with the center of the hoop and press the t-shirt into place.
- ◆ Cover the t-shirt with a piece of OESD AquaFilm Topping to keep the stitches from sinking down into the fabric.
- ◆ Embroider design #NB818 on the t-shirt shoulder.



- ◆ When stitching is complete, remove the hoop from the embroidery machine and the shirt from the hoop.
- ◆ Carefully tear away the AquaFilm from the design and trim away the excess AquaMesh Plus and Fusible PolyMesh from inside the shirt.
- ◆ To remove the excess AquaMesh Plus, launder the t-shirt in warm water with a little detergent.

