

Reeds and Grasses Table Set

Created by Nancy Bednar



Long embroidered bands of undulating *reeds* and *grasses* border a simple linen table runner, lending a fresh touch to any décor. The **Endless Embroidery** and **Fit to Hoop** features of the BERNINA 830 make short work of sewing multiple designs, perfectly spaced in time-saving **Mega Hoop Embroidery**. Complete this decorating set with brightly edged cocktail napkins, adorned with a single sprig of embroidered *fauna*. The table runner finished size is 15" wide x 42" long

Supplies

Machine & Accessories

- BERNINA 830 Sewing & Embroidery Machine
- Mega Embroidery Hoop
- Medium Embroidery Hoop
- Edgestitch Foot #10D
- BERNINA Serger
- BERNINA DesignerPlus Embroidery Software
- BERNINA USB Stick

Embroidery Designs

- OESD's Design Pack #12233 *Reeds and Grasses*

Fabric and Notions

- OESD Aqua Tear Tear-away stabilizer
- 505 Temporary Adhesive Spray
- Spray Starch
- Isacord threads: #0232 Lime Green and #0345 Olive Green
- White Bobbin Thread for Embroidery
- Organ Needles for Embroidery - Size 80
- White Linen, 45" width - 2 yds.
- Bright Border Cocktail Napkins - Lime Green. One pkg. of 12 from All About Blanks.com

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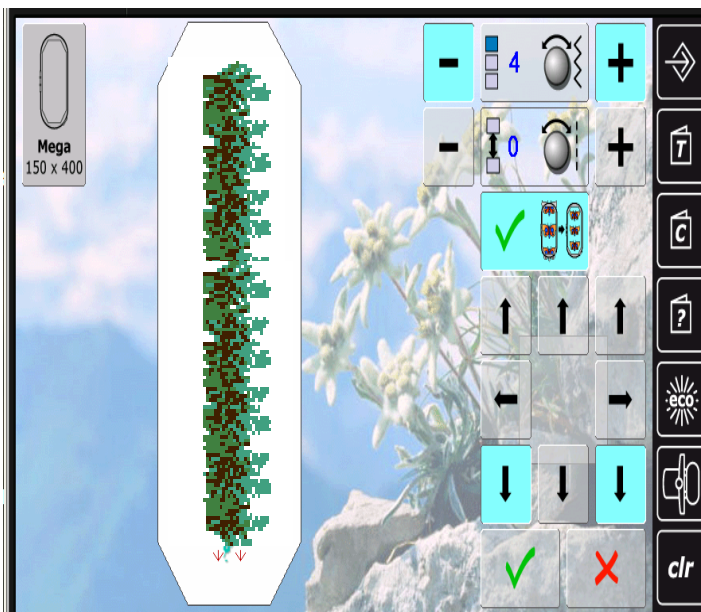
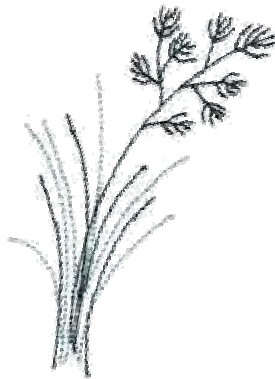
Prepare Linen Fabric for Embroidery

- Cut the white linen for the table runner as follows:
Table Runner Base: (1) 16" wide x 43" long
Embroidery Bands: (2) 10" wide x 50" long
(2) 10" wide x 20" long
- Clean finish all 4 sides of each band using a basic 3 thread overlock and your Bernina serger. The serging will be trimmed after stabilizer removal, but will guard against excessive fabric unraveling during the embroidery and laundering processes.

Grasses and Reeds Table Runner

Embroider the Table Runner

- Import OESD's *Reeds and Grasses* Embroidery
- Design Collection #12233 to your computer.
- Open the BERNINA *DesignerPlus Embroidery Software*.
- Select File – Open. – Select design #FQ521_48 – Decorative Grass.
- Select – Save As – Name design (Decorative Grass Border)– Save as Type – BERNINA USB Stick (*EXP).
- Safely remove the USB stick and install it in the BERNINA 830.
- Open up Embroidery in the BERNINA 830 – select the USB stick – Decorative Grass Border.
- Rotate the design 45 degrees.



- Select Mega Hoop – Endless Embroidery.
- Three designs will appear in the Mega Hoop. To create a more embroidery rich band for the runner, we need to add another design to the group.
- Select Fit to Hoop – increase the number of designs to four. Four designs now appear in the Mega hoop, automatically sized to fit – magic!

- Draw a line down the length-wise center of all 10" linen bands. These will be your centering lines to aid in fabric and design placement.

- Cut a same sized length of Aqua Tear stabilizer to match each linen band. Spray the stabilizer and attach each linen strip. Using your Mega hoop template, center and hoop the linen and stabilizer.



- Note: You have extra length in all bands. Hoop the short bands 2" in from the short end, and the long bands 3" from the beginning short edge.
- Long Band Embroidery: Embroider 3 Mega hoop's worth of grasses designs (12 designs) each on both of the long bands.

- Short Band Embroidery: Embroider 1 Mega hoop's worth of grasses designs (4 designs) each on both of the short bands.

- Carefully tear away the stabilizer from the wrong side of the bands. Wash and dry all bands to remove excess stabilizer. Remove when damp dry, press and spray starch flat.



- Spray starch the table runner base.

Assemble the Table Runner

- The embroidered bands are sewn to the runner base in pairs, short ends first followed by the long sides. 1/2" seam allowances are used for construction. A simple, stitch free, easy miter completes the corners for a crisp look affording a non stop line of embroidery around the entire table runner.

Assemble the Table Runner, continued

- Trim all embroidered bands to 5" wide. Leave a ½" seam allowance below the base of the grasses designs. Measure up 4" up from the ½" seam allowance marking and draw a 2nd line. This is the fold line to fold and press under a ½ hem at the top of the embroidery. Trim and press under the hem allowances on all 4 bands.
- Using a water soluble marker, mark the center of each line of embroidery on both the long and short bands. Mark the center of both long and short edges of the runner base.
- All bands are sewn with the right side of the band sewn to the wrong side of the runner base. They are then flipped to the right side of the runner, enclosing the seam allowance for a clean finished edge.
- Short Bands:
Match the center marks on the short band to the short edge of the base, pin. Trim excess length at the short ends of the band so that they match the runner base. Stitch on both bands. Flip the bands to the right side of the runner base, pin in place.
- Long Bands:

Miter Step 1: Match the center marks on the long band to the runner base. Measure out ½" wider at both short ends and trim the long bands to equal the length of the runner base, plus ½" at both short ends. Pin the embroidered bands to the wrong side of the runner, matching the pressed short band ends to the raw seam edges on the runner base. Stitch in place. Clip diagonally in the corners at the ends to remove bulk in the seam allowance.

Miter Step 2: Fold up the seam allowance towards the embroidered band. Fold down the end of the band to form a 45 degree angle, pivoting from the corner.

Miter Step 3: Bring the embroidered band to the right side, pinning in the diagonal angle and meeting the folded top edge to meet the folded edge of the short embroidered band.

Press well, slipstitch the diagonal angles in place. Edgestitch the remaining straight upper edges of all bands using the Edgestitch Foot #10D.



Miter Step 1



Miter Step 2

Embroider the Cocktail Napkins

- In the BERNINA *DesignerPlus Embroidery Software*, Select File – Open. – Select design #FQ523_48 – Grass Accent.
- Select – Save As – name design (Grass Accent)– Save as Type – BERNINA USB Stick (*EXP).
- Safely remove the USB stick and install it in the BERNINA 830.
- Open up Embroidery in the BERNINA 830 – select the USB stick – Grass Accent.
- In the BERNINA 830 embroidery screen, rescale the design to 40% size, 90% satin density.
- Place the stabilizer in the medium embroidery hoop, spray with 505 Temporary Spray Adhesive. Position the cocktail napkin onto the sticky stabilizer.
- Position the design as desired on the napkin, embroider the napkins.
- *Enjoy!*

