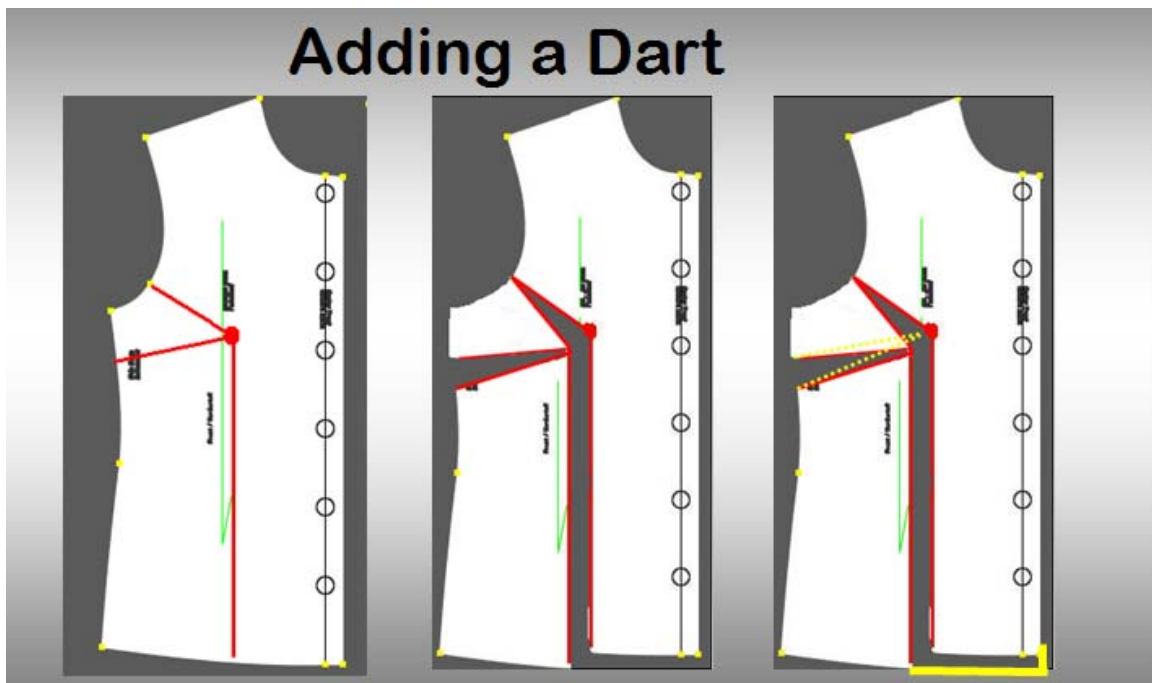


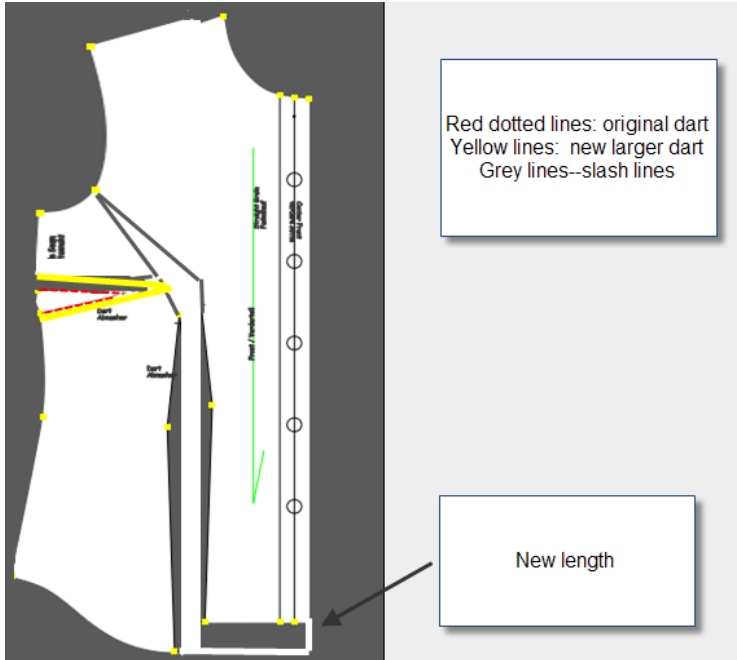
Perfecting the fit of My Label Patterns

ADDING A DART to the Boxy Jacket: For large bust

1. Locate your apex (bust point) and mark the location on your pattern. Bust point is located by measuring from side neck base to bust point and then measure bust point to bust point divided by two. The intersection of these two points marks the apex.
2. Draw a parallel line to CF from apex to the hemline.
3. Draw a line for the desired bust position.
4. Draw a line from the apex to armscye, before the armscye begins to curve.
5. Slash as illustrated, using a pivot point at the bust point and armscye stitching lines.
6. Spread according to bust size—1/2" for C cup, 3/4" for D cup, 1 1/4" for DD
7. Tape on a piece of paper.
8. Make sure the pattern remains flat.
9. Draw the new dart, the dotted yellow line, set back 1" from apex of bust.
10. Extend the center front length even with the side length (see solid yellow line).

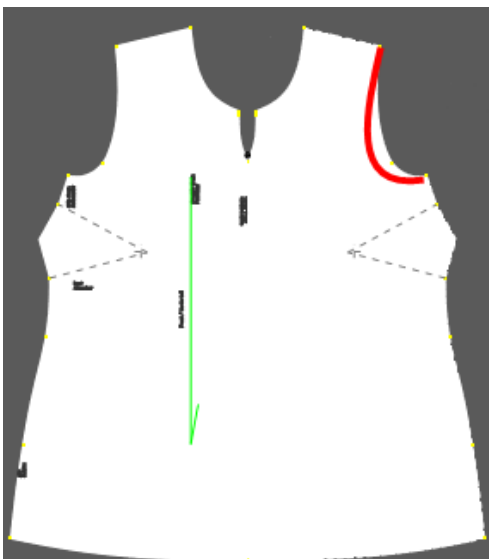


Increasing the size of a dart of a pattern that has a dart:



Scooping out armscye:

1. Mark the front chest width on your pattern, from armscye to armscye—be sure to center the amount on the pattern. Repeat for the back
2. Draw a new armscye on the pattern from the original shoulder tip point, to the underarm, drawn through the mark at the front chest width.
3. Make no changes to the sleeve cap.
4. Often the front needs to be scooped out; the back does not. The back needs more ease for moving arms forward.



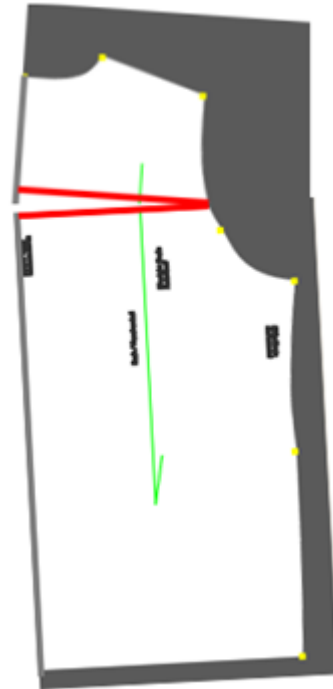
For rounded backs:

1. Draw the alteration line in the location of your roundness.
2. Slash along the line, leaving a pivot point at the stitching line (not cutting line) of the armscye.

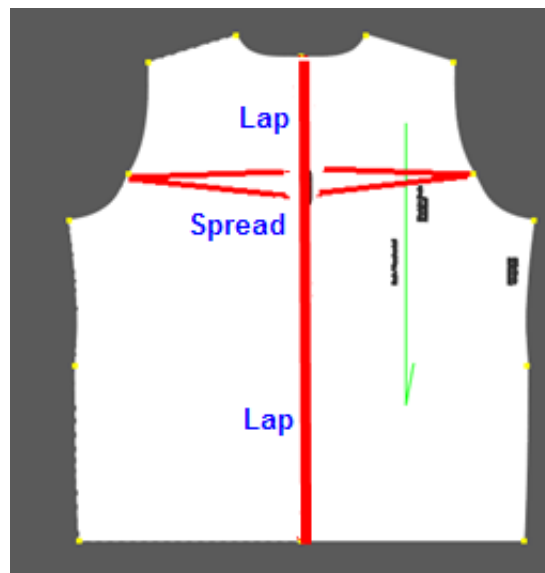
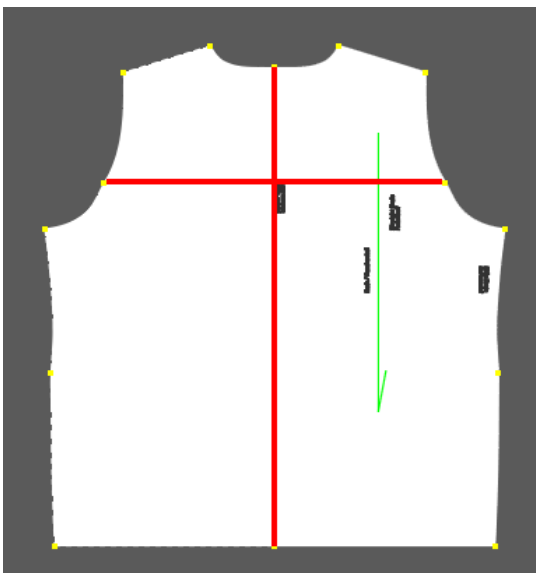


Amount of spread will depend on degree of roundness. In most cases 1-2" is sufficient.

Add a seam to center back so that the neck seam will not increase.

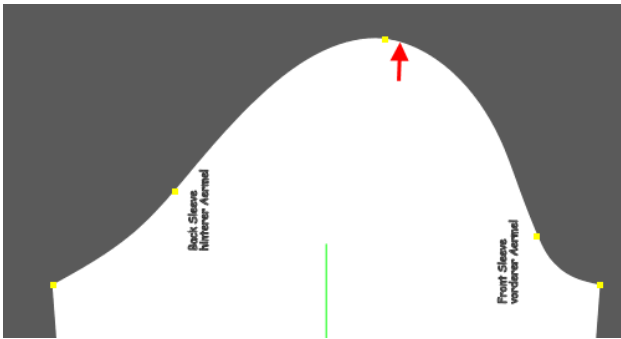
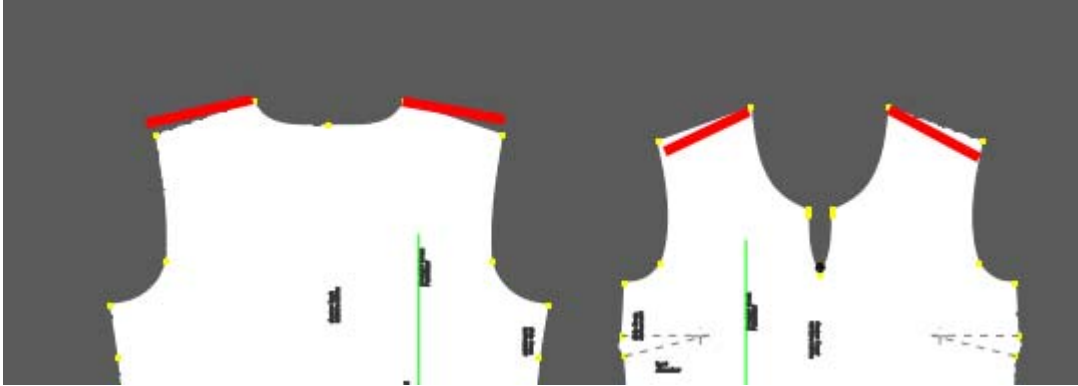


3. If you do not wish to put a seam in the center back, do the following:
4. You may need to reshape the shoulder slope in back—you will have to experiment with the correct amount.



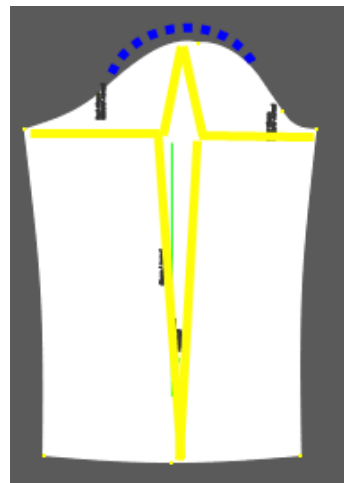
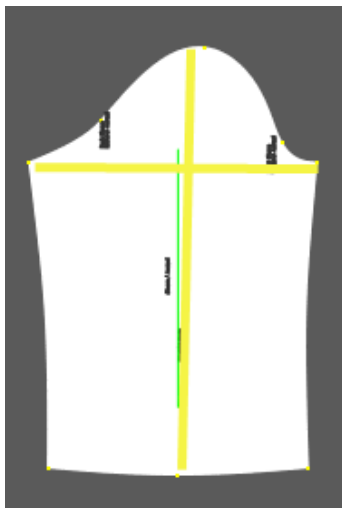
For forward shoulder thrust:

1. Add to the shoulder point in the back; take away from the front.
2. Move the center match point on the sleeve forward.



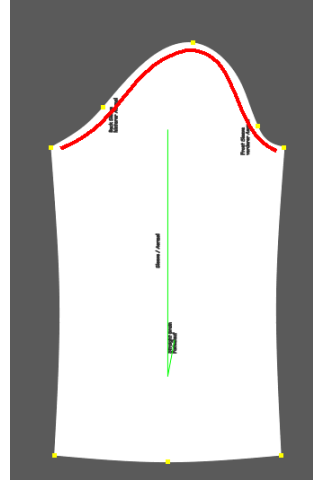
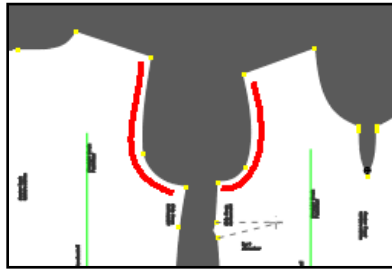
Sleeve bicep:

1. Draw lines on original sleeve as shown below—across the bicep and down the center of the sleeve.
2. Slash and spread to widen the bicep. The bicep lines will lap.
3. Add to sleeve cap height as it is shortened with the alteration.



HOW TO ELIMINATE EXCESS EASE IN SLEEVE CAP:

1. Compare length of cap to back + front armscye



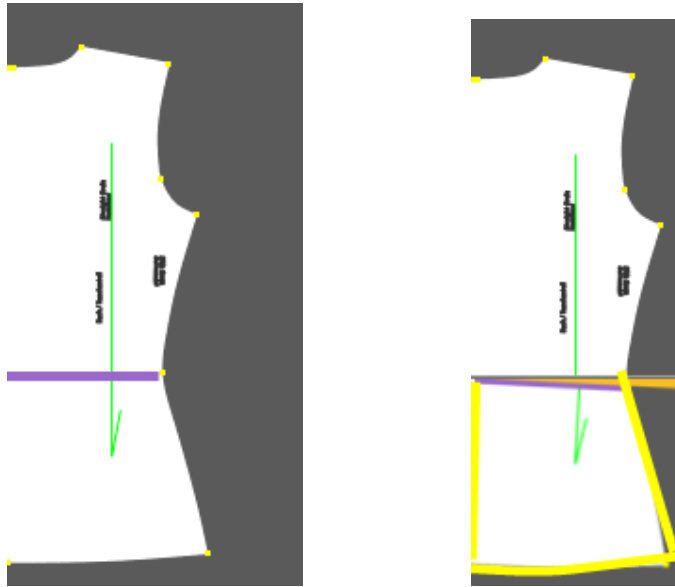
2. Draw vertical lines from cap to wrist
3. Slash from cap to wrist
4. Overlap slightly at cap to eliminate excess fabric
5. Redraw sleeve cap curve



6. To ease sleeve in, stitch the sleeve cap right side up at the 5/8" seam line and hold your finger behind the presser foot to ease. Stitch from notch to notch.
7. Pin the sleeve into the bodice matching notches and center sleeve mark.
8. Stitch sleeve to bodice with the sleeve side facing the presser foot.

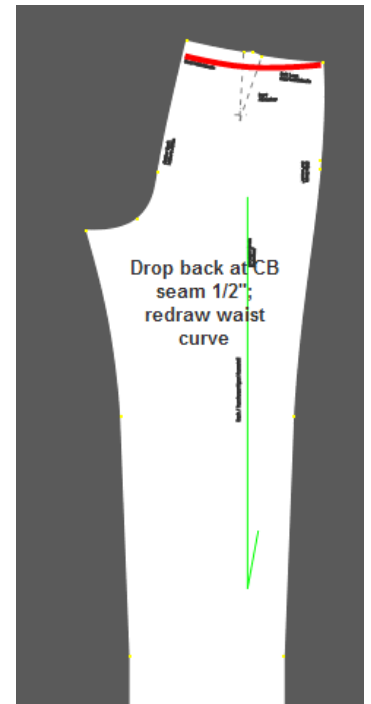
Sway back

1. Trace along bottom of T shirt and up side seam to waist. Set this traced line aside.
2. Slash along waist line of pattern from CB to side seam.
3. Lap pattern at CB waist $\frac{1}{2}$ -1".
4. This will throw the bottom of the pattern off, but shortens the back waist length.
5. Use the traced line in step 1 to correct the pattern at the side seam and along the bottom of the T-shirt.



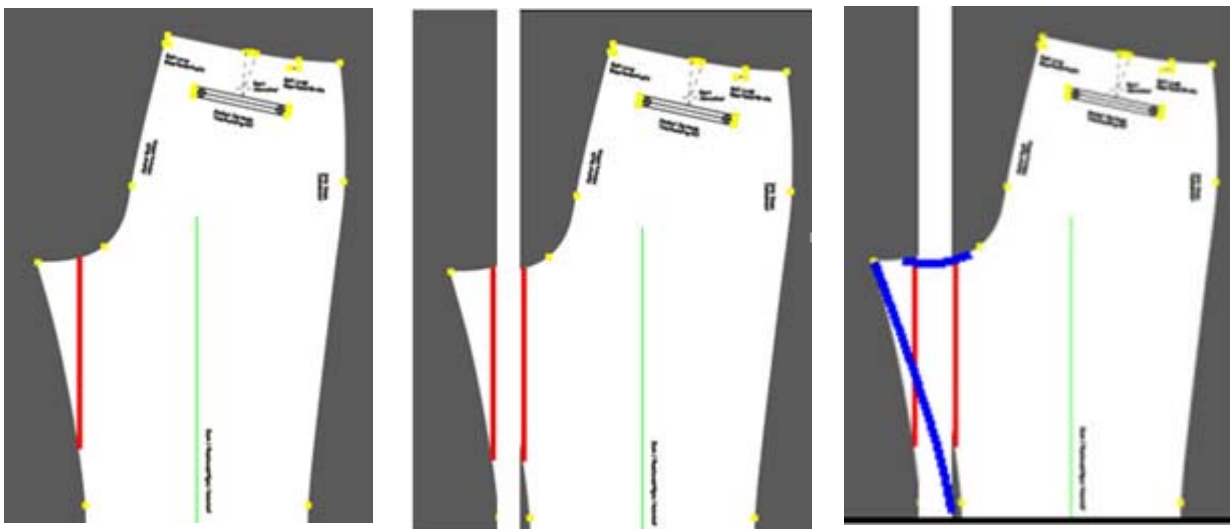
Sway back in pants + skirts

1. Mark $\frac{1}{2}$ " from pant center back
2. Redraw the waistline seam from this mark to nothing at side seam. (Close dart and use curve ruler to draw.)



ADDING TO THE BACK CROTCH LENGTH: For large derriere

1. Measure pattern crotch length by standing a tape measure on end.
2. Compare this measurement to crotch body measurement
3. Mark line in crotch lower crotch curve in back as illustrated
4. Cut along the marked line and spread the pattern apart by the calculated amount.
5. Blend the lines with a curved ruler
6. You may also need to add to the front crotch extension. Follow the same procedure to add to the front.



See **Adjusting Style Properties** document within software for other information.

Visit www.bernausa.com for additional information.